

# Volunteer

## VOICE

FOR AND ABOUT HOSPICE VOLUNTEERS

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## The Littlest Things Make the Biggest Impact

**R**achel knew that all of the big milestones in her life would be missed by her grandmother. Her graduation, wedding, the birth of her child, everything. But that all changed thanks to one of our Hospice & Community Care volunteers. With the help of our volunteer, Rachel's grandmother was able to voice record her blessings and messages to her granddaughter to be played on her special days.

These small acts by our volunteers make the biggest impact. Because of our volunteer, Rachel and her family were able to capture moments that will last a lifetime.

Check out some of the other ways you can help our patients and their families create memorable moments:

- Encourage the patient to voice record a prayer
- Take a voice recording of the patient singing their favorite song
- Voice record the patient reading a book for their children, grandchildren or great-grandchildren
- Help the patient write letters to their loved ones
- Encourage the patient to write cards for each of their loved one's big milestones.

Voice recordings can simply be taken using an iPhone so that the message is easy to share among family. These are just some of the ways you can make a difference in the lives of our patients and their families. If you have other tips, please contact our Volunteer Services Department so that we may share them with all of our volunteers.

# You've Been Heard



## Annual Recommitment has Gone Electronic

**T**hanks to your feedback, starting in September all volunteer annual recommitments will be completed online. With just a few clicks of the mouse, you'll have the ability to not only recommit, but also learn about upcoming educational opportunities for all volunteers and more. The site is completely secure and is a document-centered Wordpress portal, making your usage safe and completion simple.

Watch for more information from the Volunteer Services team to learn how to get started.

## Welcome New Volunteers

These individuals have completed their volunteer training and joined the Hospice & Community Care volunteer family to make a difference in York and Lancaster counties.

Christian Benedict  
Joshua Cropanzano  
Amy Dickinson  
Ryan Farrel  
Amber Forney  
Jennifer Hornberger  
Gwendolyn Horst  
McKenna Johnston  
Elaine Lenyo

Mandie Martz  
Clayton Mohler  
Joy Perrone  
Joseph Reese  
Gil Sager  
Hannah Shue  
Missie Sikorski  
Keith Silliman



## *Activities to Do with Dementia Patients*



**H**ere's your chance to get creative. We hear this question time and again from you, our volunteers, "what activities can I do with a dementia patient?" Think outside of the box! Be aware that patients often desire to find purpose and "work" to feel useful. Often those with the most challenging behaviors are simply bored. Here are a few ideas to try:

### **Ambulatory Patients:**

- Toss a beach ball
- Sweep the floor
- Water plants
- Dust with a feather duster
- Wipe countertops
- Sort buttons, coupons, anything of varying shapes
- Make Valentines (it doesn't have to be February)
- Sing holiday songs (it doesn't have to be the holiday)
- Have a tea party (event with imaginary tea)

### **Ambulatory or Bedbound Patients:**

- Sand wood
- Fold clothes/towels
- Blow bubbles
- Roll yarn into a ball

You may also use Hospice & Community Care's Dementia Resource Kits. These kits, funded through the Women's Giving Circle in 2019, offer activities, resources and educational materials to build connections with patients during visits. All of our patients living at home, senior care facilities or who are in the Inpatient Center can use these materials. Please contact Volunteer Services for more information on how to get materials for patients.

# My Annual "Mission" Trip

**H**ospice & Community Care served our family in the past through their end-of-life care, consistent with the mission. After that experience, I knew that I would stick my toe into Hospice by volunteering in some role upon my retirement. We also had been attending the Labor Day Auction at the Lampeter Fairgrounds for years before and after our family received Hospice services. I stuck my toe in after retiring by initially attending a Labor Day Auction solicitation orientation. This initial volunteering then expanded into helping with the setup week before the Labor Day Auction. Now, this setup week and preparation has become my annual Mission Trip, supporting this key event for Hospice & Community Care.

In the past, I had the opportunity to be part of foreign mission work building a residential campus for the Caribbean Christian Center for the Deaf. And yes, it was a life changing experience to be part of that work. I later realized that there were such mission opportunities locally that also stretched my mind, body and soul in great ways. After beginning the volunteer work with Hospice and expanding into more activities for the Labor Day Auction, I signed up to serve for the week of setup and preparation at the Solanco Fairgrounds. After that first year, I realized that the setup and preparation week was now my annual Mission Trip. The week includes manually loading and unloading tractor trailer loads of used sale merchandise, loading and unloading many trucks and small trailers of collectibles, artwork and new items, and collecting Auction items from donating companies. We set up tables on which Auction items are displayed, as well as chairs for attending guests, along with the preparation of the buildings and fairgrounds for the Auction.

Teams work at the Solanco Fairgrounds for the Auction, sweating and pushing our physical limits through the week of long (usually hot and humid) days. It is an amazing environment of Hospice employees and volunteers working and serving together for a common cause and great mission. We share experiences and renew/develop friendships with others who share a common commitment. It changes our perspectives and lives.

The two days of the Auction seems like a celebration with the broader community, even with the continuing work of many more volunteers and employees. The day after the event, we take everything down, clean-up and restore the fairgrounds to its original status. After the tremendous Labor Day Auction, even though we are exhausted in all ways, we realize and feel the great satisfaction and joy of being part of such an important mission, that of Hospice & Community Care.

Yes, another Mission Trip completed, and so many families and individuals will be touched and supported from our work and serving together. What a blessing and joy to be part of this work! I appreciate the support of others and encourage you to join the mission in whatever way you can.

**"It is an amazing environment of Hospice employees and volunteers working and serving together for a common cause and great mission."**

*~Rick Bailey*

## UPCOMING EVENTS

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### Volunteer Training in Lancaster and York

To RSVP and for more information please contact **Becky Santos at (717) 735-9463 or [rsantos@hospicecommunity.org](mailto:rsantos@hospicecommunity.org)**. Events in Lancaster will be held at Hospice & Community Care, The Essa Flory Center, 685 Good Drive, Lancaster and events in York will be held at The Ann B. Barshinger Hospice Center, 235 St. Charles Way, Suite 250, York.

If you have never attended a full training session, or know someone who would like to become a Hospice & Community Care volunteer we encourage you to attend. Online applications are available at [www.hospicecommunity.org/volunteer](http://www.hospicecommunity.org/volunteer).

Tuesday, August 6 from 9 a.m. to 12:00 p.m., Lancaster

Thursday, August 8 from 9 a.m. to 12:00 p.m., Lancaster

Tuesday, August 13 from 9 a.m. to 12:00 p.m., Lancaster

Thursday, August 15 from 9 a.m. to 12:00 p.m., Lancaster

Tuesday, August 20 from 9 a.m. to 12:00 p.m., Lancaster

*(These sessions are also available at our York location, 235 St. Charles Way.)*

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### Labor Day Auction Crew

It's Labor Day Auction time! Planning and preparation has been underway for months, but one of the most crucial parts of this process is the setup. Monday through Wednesday, August 26-28, Hospice staff will rely on the help of our dedicated and dependable volunteers to get the Solanco Fairgrounds ready for thousands of auction-goers. That means tables, chairs, plants, paintings, furniture and everything in between will be moved, unpacked and displayed. No training is necessary to be part of the crew, but you can't be afraid of August weather, getting a little dirty and showing off your muscles.

Unable to help with setup, but want to get involved? Consider placing yard signs in your part of the community. If you are interested in joining the crew contact Jacqueline at [jbilder@hospicecommunity.org](mailto:jbilder@hospicecommunity.org) or call (717) 391-2441.



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Hospice & Community Care  
685 Good Drive, P.O. Box 4125  
Lancaster, PA 17604-4125  
(717) 295-3900 • [www.hospicecommunity.org](http://www.hospicecommunity.org)

**AUG. 31 & SEPT. 2** Solanco Fairgrounds, 101 Park Ave., Quarryville, PA



**Eat. Bid.  
Repeat.**



Proceeds benefit: **HOSPICE & COMMUNITY CARE**

**LaborDayAuction.org**

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