


# Supportive Care

A program of Hospice & Community Care



## Supportive Care is Palliative Care at Home

Palliative care is for anyone who is coping with a serious illness. It can be helpful at any stage of illness and is best provided from the time of diagnosis. In addition to improving quality of life and helping with symptoms, palliative care can help patients understand their choices for medical treatment.



Unlike hospice care, patients may choose to receive palliative care while continuing to pursue aggressive treatment and further diagnostic tests.

We focus on helping patients manage their symptoms, supporting them throughout their illness and assisting the family in finding additional community resources that improve their quality of life.

### **Supportive Care is for people who:**

- Are living with a serious illness and need help managing symptoms in the comfort of their home.
- Have a limited life expectancy.
- Are not ready and may not qualify for hospice care.
- Have been hospitalized due to serious illness.

### **Supportive Care can help with symptoms related, but not limited, to the following diseases:**

- Cancer
- Dementia
- Heart
- Kidney Failure
- Liver Failure
- Pulmonary/COPD



## **What services does Supportive Care provide?**

- Help with managing symptoms such as shortness of breath, anxiety, pain, difficulty sleeping, swelling, nausea, and depression
- Telephone nurse available 24 hours a day
- Help with managing medications
- Help with locating community resources
- Education about your illness and treatment choices
- Education about advance directives, living wills and POLST
- Emotional and spiritual support
- Help with medical decision-making

## **Who provides Supportive Care?**

The Supportive Care team works together with your doctors to ensure that you receive the best care possible.

[Call us...we can help without ever leaving home.](#)

### **We will:**

- Visit you at your home to help avoid emergency room visits and hospital admissions.
- Enable you to participate as much as possible in daily activities.
- Help you know what to expect, and help you know what to do when something unexpected happens.
- Help you make medical decisions now and for your future.

## **How is Supportive Care paid for?**

There is a cost for Supportive Care services; however, you may qualify through some insurance plans or be eligible for financial assistance. We will help you determine the cost and if you qualify for assistance.



## **Palliative Care**

A program of Hospice & Community Care

**(844) 422-4031**

**info@hospicecommunity.org**

**www.hospicecommunity.org**

*Serving South Central Pennsylvania since 1980*

Hospice & Community Care does not discriminate on the basis of race, religion, color, national origin, ancestry, age, disability, gender or gender identity, sexual orientation, marital status, veteran status, medical condition, financial status or resources or any other legally protected characteristic. For a comprehensive non-discrimination clause, visit [hospicecommunity.org](http://hospicecommunity.org).