

PATHWAYS CENTER *for* GRIEF & LOSS

BIBLIOGRAPHY FOR SUPPORTING BEREAVED CHILDREN AND TEENS

- Carrell, Susan. **Group Exercises for Adolescents: A Manual For Therapists.**
Although not specifically for grieving teens, this manual is a practical guide that provides excellent activities for working with teens -- highly readable and most are applicable for bereaved teens.
- *Cassini, K. & Rogers, J. **Death and the Classroom.**
A practical guide for teachers and administrators for situations in which a teacher encounters death in the school setting and must face students' feelings, questions, and fears.
- *Cook, Alicia & Dworkin, D. **Helping the Bereaved.**
Excellent foundational text on therapeutic interventions for children, adolescents and adults.
- *Corr, C. & Balk, D. Ed. **Handbook of Adolescent Death & Bereavement.**
Comprehensive textbook for all who work with grieving teens.
- *Cunningham, Linda. **Teenage Grief Activity Book.**
Excellent compilation of grief specific group activities for grieving teens.
- Dodd, Robert. **Helping Children Cope With Death.**
Sensitive booklet provides guidelines for adults to help children cope with their feelings of death, grief, and loss.
- *Dougy Center. **Instructor's Manual for Training Facilitators.**
Excellent, comprehensive materials and activities to train adults to work with bereaved children.
- *Fogarty, James. **The Magical Thoughts of Grieving Children.**
Particularly helpful with children experiencing complicated mourning. Includes many interactive therapeutic techniques. Parental suggestions and summaries included with the close of each chapter.
- Fry, Virginia L. **Part of Me Died, Too.**
Wonderfully sensitive book that can help professionals consider a variety of creative ways to work with children who experience loss. Case examples range from the common uncomplicated loss of a pet through complex losses such as suicide and murder.
- *Fry, Virginia and Pelletier, Kathy. **A Video Essay on Teenage Grief.**
Educational video to gain more insight in the needs of bereaved teens. Video is divided into two chapters. The first chapter highlights five teen girls, each have experienced the death of a father – suicide, overdose, accident and cancer. The teens talk openly and honestly about their grief. The second chapter is an educational commentary that explores the developmental needs of bereaved teens. Helpful for any adult who wants to learn how to effectively support bereaved teens.

*Goldman, Linda. **Life & Loss: A Guide to Help Grieving Children.**

Excellent, comprehensive, and current teaching manual for everyone who works or lives with grieving children.

Goldman, Linda. **Raising Our Children to be Resilient.**

A timely and important book that addresses the emotional wellbeing of children growing up in a world filled with violence, fear, and loss. Provides sound, practical suggestions and strategies for adults to support children coping with trauma and grief that empowers resiliency.

*Grollman, Earl. **Talking About Death: A Dialogue Between Parent and Child.**

Includes an explanation of death with illustrations written for children and a detailed parents' guide to help initiate discussion of the meaning of death and answer questions that children may have for adults.

*Haasl, Beth & Marnocha, Jean. **Bereavement Support Group Program for Children.**

Leader Manual and Participant Workbook. Excellent variety of exercises to use in leading grief groups, a mainstay if you are working with grieving kids.

*Hospice of Lancaster County. **The Teacher's Guide to the Grieving Student.**

Short and concise booklet that addresses common reactions according to developmental stages and types of losses and suggested interventions.

Jewett, Claudia. **Helping Children Cope With Separation and Loss.**

Practical book for any adult who wants to help a child who has experienced the loss of a loved one, whether the loss is great or small. Good, clear, specific suggestions provided.

*Lehmann, Jimerson & Gaasch. **Mourning Child Grief Support Group Curriculum: Preschool, Early and Middle Childhood Editions.**

Written for professionals, these books provide 10 sessions that include age-appropriate fun and engaging activities to help children cope with their loss.

Schaefer, Dan & Lyons, Christine. **How Do We Tell The Children?**

A step-by-step guide for helping children ages two to teen cope when someone dies.

Silverman, Phyllis. **Never Too Young To Know.**

Drawing on a rich collection of life stories from parents and children, this book addresses many long-standing and erroneous beliefs about how children grieve, and how they heal.

*Webb, Nancy Boyd. **Helping Bereaved Children.**

Practical textbook filled with theory, illustrative cases, and clinically based approaches to helping children cope with loss.

*Wolfelt, Alan. **A Teen's View of Grief: An Educational Video for Bereavement Caregivers.**

Educational video that offers detailed information on developmental needs of bereaved teens and effective supports to meet those needs. A good resource to train professionals and can be helpful to parents/guardians.

Wolfelt, Alan. **Healing The Bereaved Child.**

This comprehensive guide to caring for the bereaved child includes an excellent section on teens.

(*Available in the PATHways Center for Grief & Loss Resource Library)