BOOKS

*Bolton, Iris; My Son, My Son.
   Roswell, GA: Bolton Press Atlanta, 1983

*Cobain, Beverly; Dying to Be Free, A Healing Guide for Families After a Suicide.
   Center City, MN: Hazelden, 2006

*Dougy Center. After A Suicide, A Workbook For Grieving Kids. Portland, OR:
   The Dougy Center, 2003.

*Fine, Carla; No Time to Say Goodbye, Surviving the Suicide of a Loved One.

*Glover, Beryl. The Empty Chair, The Journey of Grief After Suicide, Oklahoma City, OK:

*Greenleaf Catherine. Healing the Hurt Spirit, Daily Affirmations for People Who Have Lost a Loved One
to Suicide. Andover, NH: Dymphna Press, 2006

*Jordan, John & McIntosh, John. Grief After Suicide, Understanding the Consequences and Caring for the

*Kolf, Joan Cerza. Standing in the Shadow, Help and Encouragement for Suicide Survivors. Grand Rapids,


Shneidman, Edwin The Suicidal Mind.

*Smolin, Ann & Guinan, John. Healing After The Suicide Of A Loved One. New York, NY:


DVDs

*Journey Through the Shadows, Paraclete Video Productions, P.O. Box 1568, Orleans, MA 02653.

*The Shattered Dimension, The Journey of Grief After Suicide, Compassion Books, 7036 State
   Hwy 80 South, Burnsville, NC 28714

*Understanding Suicide, Supporting Children, The Dougy Center, PO Box 86852, Portland, OR

*These resources can be borrowed from the Pathways Center for Grief & Loss’ Resource Library,
   Monday-Friday, 8 AM – 5 PM. For general information contact Pathways Center for Grief & Loss.
WEBSITES

Alliance of Hope for Suicide Survivors: www.allianceofhope.org

American Association of Suicidology: www.suicidology.org

American Foundation for Suicide Prevention: www.afsp.org

Lancaster Suicide Prevention Coalition: www.stopsuicidelancaster.org

Online Grief Healing Discussion Groups: www.hovforum.ipdhost.com

Our Side of Suicide blog: www.oursideofsuicide.com

Parents of Suicide, Friends and Families of Suicide: www.pos-ffos.com

Survivors of Suicide: www.survivorsofsuicide.com, www.forsuicidesurvivors.com

SUPPORT GROUP/ EVENT INFORMATION

Pathways Center for Grief & Loss, Hospice & Community Care, periodically offers a six week support group series for Coping With Suicide Loss at the Pathways Center for Grief & Loss, 4075 Old Harrisburg Pk, Mt. Joy, PA. Visit www.pathwaysthroughgrief.org or call 717-391-2413 for group dates.

Survivors of Suicide Support Group meets the first and third Thursdays of each month from 7:30 - 9:00PM at St. Peter's Lutheran Church, Route 501 N and Delp Road, Lancaster, PA. Contact Kevin Eberle 717-394-3541

Survivors of Suicide Support Group meets the second Tuesday of the month from 7-8PM at SafeZone, 107 Locust St, Harrisburg, PA. Contact Jesse Gantt 903-9766

Survivors of Suicide Support Group meets the second Tuesday of the month at 7PM at Greater Reading Mental Health Alliance, 1234 Penn Ave, Wyomissing, PA. Contact Gary Hawkins 610-775-3000

Survivors of Suicide Support Group meets third Thursday of the month from 6:30-8PM at Southern Community Services, 44 S. Main St, Shrewsbury, PA and first Tuesday of the month 6:30-8PM, Dover United Church of Christ, 45 W. Canal St, Dover, PA. Contact Cindy Richard 717-227-0048

Survivors of Suicide Support Group meets second Wednesday of the month 6:30-8PM at Grace M. Pollock Community Center, 283 S. Butler Rd, Lebanon, PA. Contact Ann Shenk Wenger 717-509-9845

5K Walk/Run for DES- held yearly in the Lancaster area to remember those lost to suicide and raise awareness and funds for suicide prevention. www.walkfordes.org