SUICIDE RESOURCE OPTIONS

BOOKS


Many of these resources can be borrowed from the Pathways Center for Grief & Loss’ Resource Library, Monday-Friday, 8 a.m. – 5 p.m.

-Over-
VIDEOS

afsp.org/international-survivors-of-suicide-loss-day-documentaries

Journey Through the Shadows. Paraclete Video Productions, P.O. Box 1568, Orleans, MA 02653.

WEBSITES

Alliance of Hope for Suicide Survivors: www.allianceofhope.org

American Association of Suicidology: www.suicidology.org

American Foundation for Suicide Prevention: www.afsp.org

Lancaster Suicide Prevention Coalition: www.stopsuicidelancaster.org

Our Side of Suicide: www.oursideofsuicide.com

Parents of Suicide, Friends and Families of Suicide: www.pos-ffos.com

Survivors of Suicide: www.survivorsofsuicide.com

SUPPORT GROUP/ EVENT INFORMATION

Pathways Center for Grief & Loss, Hospice & Community Care, periodically offers support groups and events for coping with suicide loss at the Pathways Center for Grief & Loss, 4075 Old Harrisburg Pike, Mount Joy, PA. Visit www.pathwaysthroughgrief.org or call 717-391-2413 for group dates.

Families of Suicide Loss Support Group meets the 1st and 3rd Monday of each month, 7:00-8:30PM, Mental Health America, 245 Butler Ave, Suite 204, Lancaster, PA. Contact Kay at 717-397-7261.

Survivors of Suicide Support Group meets the 1st and 3rd Tuesday of the month from 6:00-7:00 PM at Clear Water Wellness, 4 Park Plaza, Wyomissing, PA. www.grmha.org/groups.

Survivors of Suicide Support Group meets third Thursday of the month from 6:30-8PM at Southern Community Services, 44 S. Main St, Shrewsbury, PA. Contact Cindy Richard 717-227-0048, suicidepreventionofyork@gmail.com.

5K Walk/Run for DES- held yearly in the Lancaster area to remember those lost to suicide and raise awareness and funds for suicide prevention. www.walkfordes.org