SUICIDE RESOURCE OPTIONS

BOOKS


Many of these resources can be borrowed from the Pathways Center for Grief & Loss’ Resource Library, Monday-Friday, 8 a.m. – 5 p.m.

-Over-
VIDEOS

afsp.org/international-survivors-of-suicide-loss-day-documentaries

Journey Through the Shadows. Paraclete Video Productions, P.O. Box 1568, Orleans, MA 02653.

WEBSITES

Alliance of Hope for Suicide Survivors: www.allianceofhope.org

American Association of Suicidology: www.suicidology.org

American Foundation for Suicide Prevention: www.afsp.org

Lancaster Suicide Prevention Coalition: wwwstopsuicidelancaster.org

Online Grief Healing Discussion Groups: www.hovforum.ipdhost.com

Parents of Suicide, Friends and Families of Suicide: www.pos-ffos.com

Survivors of Suicide: www.survivorsofsuicide.com or www.forsuicidesurvivors.com

SUPPORT GROUP/ EVENT INFORMATION

Pathways Center for Grief & Loss, Hospice & Community Care, periodically offers a six week support group series for Coping with Suicide Loss at the Pathways Center for Grief & Loss, 4075 Old Harrisburg Pike, Mount Joy, PA. Visit www.pathwaysthroughgrief.org or call 717-391-2413 for group dates.

Survivors of Suicide Support Group meets the first and third Thursdays of each month from 7:30 - 9:00 p.m. at St. Peter’s Lutheran Church, Route 501 N and Delp Road, Lancaster, PA. Contact Kevin Eberle 394-3541.

Survivors of Suicide Support Group meets the second Tuesday of the month from 7-8PM at SafeZone, 107 Locust St, Harrisburg, PA. Contact Jesse Gantt 903-9766.

Survivors of Suicide Support Group meets the second Tuesday of the month at 7PM at Greater Reading Mental Health Alliance, 1234 Penn Ave, Wyomissing, PA. Contact Gary Hawkins 610-775-3000.

Survivors of Suicide Support Group meets third Thursday of the month from 6:30-8PM at Southern Community Services, 44 S. Main St, Shrewsbury, PA. Contact Cindy Richard 227-0048.

5K Walk/Run for DES- held yearly in the Lancaster area to remember those lost to suicide and raise awareness and funds for suicide prevention. www.walkforDES.org