

PATHWAYS CENTER for GRIEF & LOSS

PET LOSS RESOURCES

BOOKS

The following are just a few of the many resources that may be borrowed from the Pathways Center for Grief & Loss Resource Library, Monday-Friday, 8 a.m. – 5 p.m.

- Anderson, Allen and Linda, **Saying Goodbye to Your Angel Animals**
- Flynn, Jessie, **I Miss My Pet**
- Green, Lorri A., **Saying Goodbye to the Pet You Love**
- Harris, Robie, **Goodbye Mousie**
- Heegaard, Marge, **Saying Goodbye to Your Pet**
- Katz, Jon, **Going Home Finding Peace When Pets Die**
- Nieburg, Herbert & Fischer, Arlene, **Pet Loss, A Thoughtful Guide for Adults and Children**
- Newman, Lesléa, **The Best Cat in the World**
- Olson, Marsha, **Dogwood & Catnip – Living Tributes to Pets We Have Loved and Lost**
- Rylant, Cynthia, **Cat Heaven**
- Rylant, Cynthia, **Dog Heaven**
- Sanford, Doris, **It Must Hurt a Lot, A Child's Book about Death**
- Schildkraut, Bam, **Goodbye, Jake**
- Smith, Kimberly, **Healing the Pain of Pet Loss**
- Straub, Sandra Helene, **Pet Death**
- Wolfelt, Alan, **When Your Pet Dies, A Guide to Mourning, Remembering and Healing**

WEBSITES

- www.aplb.org
- www.bestfriends.org
- www.doggyheaven.com
- www.immortalpets.com
- www.in-memory-of-pets.com
- www.petloss.com
- www.pet-loss.net
- www.rainbowbridge.org
- daybydaypetsupport.com

PET BEREAVEMENT COURSE

- If you are struggling with your pet's chronic or terminal illness, facing a decision about euthanasia, or mourning the loss of a cherished animal companion, consider enrolling in this pet bereavement course designed to support you on this difficult journey:
www.selfhealingexpressions.com/courses/pet-bereavement.

SUPPORT INFORMATION

- Virginia-Maryland Regional College of Veterinary Medicine, 24 hour voicemail, calls returned at no charge, 540-231-8038.
- The CARE Pet Loss Helpline for Companion Animal Related Emotions offers phone support on Tuesday, Thursday and Sunday evenings, 8:00 – 10:00 p.m. and 24 hour voice mail. Call 877-394-2273.
- ASPCA Pet Loss Hotline available 24/7 1-877-474-3310
- Support is available through the Pathways Center for Grief & Loss for anyone coping with the illness or death of a beloved animal. Names and contact information for counselors in the community who specialize in pet loss support can also be provided.

