# The **Difference** in End-of-Life **Care**





#### What is Hospice?

Hospice is a specialized kind of care for people who have weeks or months rather than years to live and who are coping with any serious, life-limiting illness. Hospice & Community Care provides quality end-of-life care for adults, teens, children, and infants. Support is also provided to the patient's family and caregivers.

With a focus on comfort and quality of life, hospice care provides expert medical care, pain management and emotional and spiritual support expressly tailored to the patient's needs and wishes.



Hospice services are available to patients with any serious illness, including cancer, heart disease, Alzheimer's and other dementias, stroke, and endstage kidney, liver and lung disease.

Hospice & Community Care provides compassionate support to anyone in our community in need of care during one of life's most difficult challenges.

of my beloved wife. Hospice was a tremendous help to all of us and made an incredibly stressful time a little easier to bear 39

#### When should I call Hospice?

Patients and families tell us: "We wish we would have called Hospice sooner."

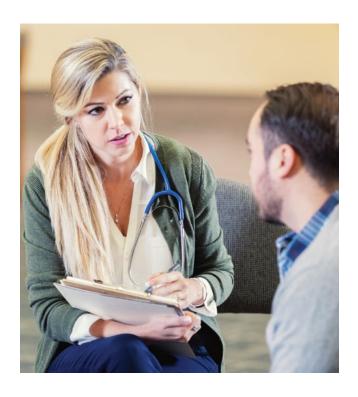
The following could indicate that you or your loved one may benefit from Hospice care:

- ◆ Advanced or rapidly progressing disease
- ◆ Increased pain, nausea, breathing distress, weakness or other symptoms
- Repeated hospitalizations or trips to the emergency room
- ◆ Significantly decreased appetite and weight loss

If you have questions or feel it might be time for Hospice care, call us at (844) 422-4031. We will talk with you and your family about your concerns and needs. If Hospice care is not needed at this time, we can offer specialized care through other programs offered by our organization, and give you the best option.

#### Who can refer a patient to Hospice?

Many times a patient's doctor will make a referral, although it may come directly from a patient, family, senior care facility, retirement communities' staff member, or a member of the clergy.



#### Who provides Hospice care?

A team of caring professionals will provide physical, emotional and spiritual comfort, as well as support for your family. Registered nurses work closely with you, your family and your physician to create a plan of care for you that best meets your needs. Hospice physicians offer specialized care as needed. Licensed practical nurses assess your needs and assist with bathing, dressing and other personal care, and hospice aides also provide support for patients. Social workers provide emotional support, counseling and assistance with accessing community resources.

Hospice chaplains are available to patients and caregivers to provide spiritual support or to collaborate with clergy. Music therapy, massage therapy and pet therapy also are offered.

When family members live at a distance, we will keep them informed. Volunteers can provide caregivers with a break, read to patients, run errands and assist families with other day-to-day needs.

#### Where can I get Hospice care?

Our goal is to provide compassionate care and support in a setting that is most comfortable for you. Hospice care can be provided at home, senior care facilities, personal care homes, local hospitals or at The Bob Fryer & Family Inpatient Center.



## What is The Bob Fryer & Family Inpatient Center?

While most people prefer to be at home, patients may need another level of care to manage pain or other symptoms. Care is available for these patients and their families at The Bob Fryer & Family Inpatient Center. This care is often short-term and patients return home when symptoms are managed.

When needed, the Inpatient Center is designed to be a "home away from home," with bright rooms and plenty of space for family and friends. Our Center is open 24 hours a day for visitors and features living rooms and fully-equipped kitchens.



#### **How much does Hospice cost?**

Hospice care is covered by Medicare, Medicaid and most private insurance companies. Please don't let financial concerns keep you from calling us. We can help you and your family review and understand your coverage. Through generous support from the community, we are able to provide quality care for anyone who needs it, regardless of limited insurance or financial resources. We are here for you.

### **Does Hospice help after** a loved one dies?

Hospice & Community Care's Pathways Center for Grief & Loss provides the area's most comprehensive grief support and services specifically designed to help adults, teens and children cope with the loss of someone important to them. The Pathways Center is also available for anyone in the community, not just for those whose loved one was cared for by Hospice. If you know someone who is coping with the loss of a loved one, please encourage them to call the Pathways Center at (717) 391-2413.





The Essa Flory Center 685 Good Drive, P.O. Box 4125 Lancaster, PA 17604-4125

The E. E. Manny Murry Center
The Bob Fryer & Family Inpatient Center
4075 Old Harrisburg Pike
Mount Joy, PA 17552

The Ann B. Barshinger Hospice Center 235 Saint Charles Way, Suite 250 York, PA 17402

> (844) 422-4031 info@hospicecommunity.org hospicecommunity.org



4075 Old Harrisburg Pike Mount Joy, PA 17552 (717) 391-2413

pathwaysthroughgrief.org

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