

Community Education Topics

Educational programs by Hospice & Community Care are designed to meet the audience's individual needs. Programs can be presented as one event, or a series of sessions tailored to each group's specific needs and interests.

Hospice: Myths and Facts

Coping with a serious illness or injury is one of life's most stressful experiences. This program explores the myths and facts associated with hospice care and how selecting this type of care can help improve quality of life for the patient while supporting families. Services provided through hospice are shared as well who can benefit from this type of care, and when it is appropriate to make a referral or ask for a consultation.

End-of-Life Care for Specific Diagnoses and/or Populations

Every end-of-life journey is as unique as the individual experiencing the journey. Many elements affect a person's experience at end of life, including the specific diagnosis as well as one's own culture. This program can be tailored to specific diagnoses and groups to address unique concerns and care.

Hospice Care for People Living with Dementia

This program includes an overview of the hospice philosophy and when hospice care is appropriate for people living with dementia. The stages of dementia are also discussed, as well as what to expect at end of life, hospice services, and advance care planning for people living with dementia.

Tips for Providing Comfort Care

Caring for a loved one at end of life is a challenging and often unfamiliar experience. This program explores the natural process of dying and explains what to expect as that time draws near. Suggestions for caregivers about providing comfort care and support to individuals during this time are also shared.

Advance Care Planning – Making Your Wishes Known

In the event of a health crisis, would your family know your wishes for care and treatment? Have you prepared for this type of event? Do you have a designated healthcare agent? Have you discussed your wishes with your designated agent and/or family members? This program explores the reasons planning for future health care is so important. Elements of advance care planning are discussed, as are suggestions for sharing your wishes with others. Completing an advance directive using the Five Wishes® booklet as a guide will also be explored.

Spiritual Concerns at End of Life

It is natural for individuals to experience questions and fears as they approach end of life. This program will share guidance about spiritual concerns and focus on how caregivers can help by providing support and comfort, as well as how and when to find additional spiritual support.

Self-Care for the Caregiver

Being a caregiver of someone at end of life, whether a caregiver is a professional, a friend, or a family member, can be both a rewarding and challenging experience. While moments spent with a loved one are often cherished, this time can also be physically, emotionally, and spiritually draining. This program will share information with caregivers about the importance of maintaining well-being and provide tips for self-care.

Grief, Loss, and the Bereavement Process

Hospice & Community Care's Pathways Center for Grief and Loss counselors offer a wide range of presentations designed to educate and support the unique challenges and common grief responses in adults, teens, and children. Trainings address a variety of topics related to grief and loss. Presentations by professional Pathways Center counselors can be tailored to the specific needs of community members.

To schedule an educational program, or for more information, contact Karen Stauffer, Community Educator, at (717) 490-4074 or kstauffer@hospicecommunity.org.