

Community Programs: Care and Services



Hospice: Myths and Facts

60-minute and 30-minute options available.

Coping with a serious illness or injury is one of life's most stressful experiences. This program explores the myths and facts associated with hospice care and how selecting this type of care can help improve quality of life for the patient while also supporting families. Services provided through hospice are explained as well as who can benefit from this type of care, and when it is appropriate to make a referral or ask for a consultation.

Palliative Care: Myths and Facts

60-minute and 30-minute options available.

Knowing when to seek additional care after being diagnosed with a serious illness or injury can be challenging. This program explores the myths and facts associated with palliative care and how selecting this type of care can help improve quality of life for the patient. Services provided through palliative care are shared as well as who can benefit from this type of care, and when it is appropriate to make a referral or ask for a consultation.

Making Your Wishes Known

60-minute program

In the event of a health crisis, would your family know your wishes for care and treatment? Have you prepared for this type of event? Do you have a designated healthcare agent? Have you discussed your wishes with your designated agent, loved ones, and your doctor? This program explores the reasons planning for future health care is so important. Elements of advance care planning are discussed, as are suggestions for sharing your wishes with others. Completing an advance directive using the Five Wishes® booklet as a guide will also be explored.

Spiritual Concerns at End of Life

60-minute program

It is natural for individuals to experience questions and fears as they approach the end of life. This program will share guidance about spiritual concerns and focus on how caregivers can help by providing support and comfort, as well as how and when to find additional spiritual support.

To schedule a program, or for more information, contact Karen Stauffer, Community Educator.
(717) 490-4074 or kstauffer@hospicecommunity.org

Community Programs: Caregivers



Tips for Providing Comfort Care

60-minute program

Caring for a loved one at the end of life is a challenging and often unfamiliar experience. This program explores the natural process of dying and explains what to expect as that time draws near. Suggestions for caregivers about providing comfort and support to individuals during this time are also discussed.

Supporting Friends and Loved Ones at End of Life

60-minute program

When a friend or loved one has a serious illness, it can be challenging to know how to best support them and their caregivers. This program explores strategies and tips for how to help and show support as well as suggestions for interactions and activities.

Self-Care for the Caregiver

60-minute program

Being a caregiver of an individual who is nearing the end of life can be both a rewarding and challenging experience. While moments spent with a loved one are often cherished, this time can also be physically, emotionally, and spiritually draining. This program discusses the importance of maintaining personal well-being as well as tips for self-care.

Grief, Loss, and the Bereavement Process

60-minute program

Hospice & Community Care's Pathways Center for Grief and Loss counselors offer a wide range of presentations designed to educate and support the unique challenges and common grief responses in adults, teens, and children. These trainings address a variety of topics related to grief and loss. Presentations by professional Pathways Center counselors can be tailored to the specific needs of community members.

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Community Programs: Specific Diagnoses and Populations



Hospice Care for People Living with Dementia

60-minute program

This program includes an overview of the hospice philosophy and when hospice care is appropriate for people living with dementia. The stages of dementia are discussed as well as what to expect at end of life. Advance care planning for people living with dementia is also explored.

H.O.P.E.S. BINGO

Hospice Offers People Extra Support. That is the message in this program designed to share information about how Hospice supports patients, loved ones, and caregivers through serious illness. Topics discussed in this program include the goals and benefits of receiving hospice services, care team members, the types of care available, patient rights, who is eligible for services, and when to make a referral or ask for a consultation. Participants will learn about hospice care through an interactive, BINGO-type activity.

Dementia Friends Information Session

60-minute program

By helping everyone in the community understand what dementia is and how it affects people, each of us can make a difference for people touched by dementia. To become a Dementia Friend, join others in a one-hour Dementia Friends Information Session. The session will cover five key messages about dementia and touch on what it is like to live with dementia. As a Dementia Friend, you will turn your understanding into a practical action that can help someone with dementia living in your community. Every action counts!

Individualized End-of-Life Care

Every end-of-life journey is as unique as the individual experiencing the journey. Many elements affect a person's experience at end of life, including the diagnosis as well as one's own perspective, beliefs, and culture.

This program can be tailored to specific diagnoses and populations to address unique concerns and care.

Please contact us to discuss the development of a program that fits the unique interests and needs of your group.

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Educational programs by Hospice & Community Care are designed to meet the unique needs of each audience. Programs can be presented as one event, or a series of sessions and can be provided in person or virtually.