

PATHWAYS CENTER for GRIEF & LOSS

BIBLIOGRAPHY FOR PROFESSIONALS

Attig, Thomas. **How We Grieve, Relearning the World.**

Easy to read stories about how to be and act in a world where loss transforms the fabric of our lives.

*Cox, G., Bendiksen, R., & Stevenson, R. (Eds.). **Complicated Grieving and Bereavement.**

Through humor, music, puppeteering, drama, family systems, spiritual care and support groups, this book examines complicated grief in special populations and presents practical suggestions for those who have experienced a traumatic loss.

Doka, K. **Living With Grief after Sudden Loss.**

Provides an excellent overview on types of sudden loss and treatment implications.

Doka, K. & Martin, T. **Grieving Beyond Gender.**

Excellent framework that helps identify the variety of ways people grieve. Numerous examples and vignettes illustrate the spectrum and pattern of grieving styles. An innovative, groundbreaking book.

Doka, K. & Morgan J. **Death and Spirituality.**

A comprehensive text for anyone in the profession of dying and bereavement. Chapters written by many who are reknown in the field of grief and loss.

*Golden, Thomas. **Swallowed by a Snake.**

Excellent book about the masculine side of healing from a loss. Offers a unique perspective on the grief process that is well written and applicable to both men and women.

*Harris, D. & Winokuer, H. **Principles and Practice of Grief Counseling.** 2nd edition

Combines knowledge and skills of counseling psychology with current theory and research of grief and bereavement.

*Klass, Dennis. **The Spiritual Lives of Bereaved Parents.**

Vignettes of bereaved parents provide a framework for professionals and offers insights into understanding the lives of bereaved parents.

Klass, D., Silverman, P., & Nickman, S. **Continuing Bonds, New Understandings of Grief.**

Book's premise is that traditional concepts of the grief process need to be expanded, emphasizing that a healthy resolution of grief enables one to maintain a continuing bond with the deceased.

Kosminsky, P., & Jordon, J. **Attach-ment Informed Grief Therapy.**

A must for grief counselors, provides a strong approach to theory that integrates current research and clinical practice.

*Logan, Kim. **How to Design and Facilitate Grief Support Groups.**

This manual covers all aspects to consider before developing a grief support group. Handouts, a week-by-week outline, and specific facilitator techniques are included.

*Martin, T. & Doka, K. **Men Don't Cry . . . Women Do.**

This book challenges the traditionally held notions about gender stereotypes of grief, emphasizing that there are many healthy ways to cope with grief.

*Neimeyer, R., Harris, D., Winokuer, H. & Thornton, G. **Grief & Bereavement in Contemporary Society, Bridging Research and Practice.**

Very readable and stimulating guide addressing 30 of the most important topics in the field.

Neimeyer, Robert. **Meaning Reconstruction and the Experience of Loss.**

Neimeyer combines sharp theoretical analyses with keen clinical insights and sound theoretical tasks. Essential for those working with or teaching about the bereaved.

Parkes, Colin M. (3rd ed.). **Bereavement, Studies of Grief in Adult Life.**

Considered the 'most authoritative work of its kind,' Parkes re-examines previous findings in light of current literature, drawing on his own research for his newest theories in this new edition.

*Rando, Therese A. **Grief, Dying and Death - Clinical Intervention for Caregivers.**

Comprehensive, readable, provides practical information about grief and loss support.

*Rando, Therese A. **Treatment of Complicated Mourning.**

A comprehensive clinical resource. Reviews the fundamentals of grief and mourning assessment, treatment of complicated mourning, and potential clinical challenges.

*Rynearson, Edward K. **Retelling Violent Death.**

With an emphasis on resilience, safety, restorative retelling, human concern and kindness, this book provides guidance for those helping others through traumatic grief.

*Straub, Sandra. **Death 101, A Workbook for Educating and Healing.**

This workbook is designed to supplement textbooks on dying and death, to increase knowledge about death education. Numerous activities for individual or group work.

Webb, N. **Helping Bereaved Children.** 3rd edition.

Excellent resource for all professionals, packed with practical resources, indispensable for therapists and anyone working with bereaved children.

*Wolfelt, Alan. **Understanding Grief, Helping Yourself Heal.**

Excellent, comprehensive, and down to earth book that allows one to explore how they think and feel about their grief process. Guidelines for leading a nine-week bereavement support group included. Dr. Wolfelt has numerous other excellent grief books available.

*Worden, William. **Grief Counseling and Grief Therapy.** 4th edition.

Describes normal grief and ways to help clients accomplish the "tasks of mourning." Special types of losses, pathological grief, and wellness are also covered.

(* Available in the Pathways Center for Grief & Loss Resource Library)

