**PATHWAYS CENTER**

*for GRIEF & LOSS*

**BIBLIOGRAPHY FOR PROFESSIONALS**

Attig, Thomas. *How We Grieve, Relearning the World.*
Easy to read stories about how to be and act in a world where loss transforms the fabric of our lives.

*Cox, G., Bendiksen, R., & Stevenson, R. (Eds.). *Complicated Grieving and Bereavement.*
Through humor, music, puppeteering, drama, family systems, spiritual care and support groups, this book examines complicated grief in special populations and presents practical suggestions for those who have experienced a traumatic loss.

Doka, K. *Living With Grief after Sudden Loss.*
Provides an excellent overview on types of sudden loss and treatment implications.

Doka, K. & Martin, T. *Grieving Beyond Gender.*
Excellent framework that helps identify the variety of ways people grieve. Numerous examples and vignettes illustrate the spectrum and pattern of grieving styles. An innovative, groundbreaking book.

Doka, K. & Morgan J. *Death and Spirituality.*
A comprehensive text for anyone in the profession of dying and bereavement. Chapters written by many who are reknown in the field of grief and loss.

*Golden, Thomas. *Swallowed by a Snake.*
Excellent book about the masculine side of healing from a loss. Offers a unique perspective on the grief process that is well written and applicable to both men and women.

*Harris, D. & Winokuer, H. *Principles and Practice of Grief Counseling,* 2nd edition
Combines knowledge and skills of counseling psychology with current theory and research of grief and bereavement.

*Klass, Dennis. *The Spiritual Lives of Bereaved Parents.*
Vignettes of bereaved parents provide a framework for professionals and offers insights into understanding the lives of bereaved parents.

Book’s premise is that traditional concepts of the grief process need to be expanded, emphasizing that a healthy resolution of grief enables one to maintain a continuing bond with the deceased.

A must for grief counselors, provides a strong approach to theory that integrates current research and clinical practice.

This manual covers all aspects to consider before developing a grief support group. Handouts, a week-by-week outline, and specific facilitator techniques are included.
*Martin, T. & Doka, K. *Men Don’t Cry . . . Women Do.*
This book challenges the traditionally held notions about gender stereotypes of grief, emphasizing that there are many healthy ways to cope with grief.

*Neimeyer, R., Harris, D., Winokuer, H. & Thornton, G. *Grief & Bereavement in Contemporary Society, Bridging Research and Practice.*
Very readable and stimulating guide addressing 30 of the most important topics in the field.

Neimeyer combines sharp theoretical analyses with keen clinical insights and sound theoretical tasks. Essential for those working with or teaching about the bereaved.

Parkes, Colin M. (3rd ed.). *Bereavement, Studies of Grief in Adult Life.*
Considered the ‘most authoritative work of its kind,’ Parkes re-examines previous findings in light of current literature, drawing on his own research for his newest theories in this new edition.

*Rando, Therese A. *Grief, Dying and Death - Clinical Intervention for Caregivers.*
Comprehensive, readable, provides practical information about grief and loss support.

*Rando, Therese A. *Treatment of Complicated Mourning.*
A comprehensive clinical resource. Reviews the fundamentals of grief and mourning assessment, treatment of complicated mourning, and potential clinical challenges.

*Rynerason, Edward K. *Retelling Violent Death.*
With an emphasis on resilience, safety, restorative retelling, human concern and kindness, this book provides guidance for those helping others through traumatic grief.

This workbook is designed to supplement textbooks on dying and death, to increase knowledge about death education. Numerous activities for individual or group work.

Excellent resource for all professionals, packed with practical resources, indispensable for therapists and anyone working with bereaved children.

*Wolfelt, Alan. *Understanding Grief, Helping Yourself Heal.*
Excellent, comprehensive, and down to earth book that allows one to explore how they think and feel about their grief process. Guidelines for leading a nine-week bereavement support group included. Dr. Wolfelt has numerous other excellent grief books available.

Describes normal grief and ways to help clients accomplish the "tasks of mourning." Special types of losses, pathological grief, and wellness are also covered.

(* Available in the Pathways Center for Grief & Loss Resource Library)