# PATHWAYS CENTER for GRIEF & LOSS

# **BIBLIOGRAPHY: DEATH OF A CHILD**

Aasen, Nita. <u>Living Still, Loving Always</u> Essays by a mother after the death of her 2 young adult sons in a car accident.

## Apple, Dennis. Life After the Death of My Son

A father's reflections after the sudden death of his son.

#### Bernstein, Judith. When the Bough Breaks

Overview of research of bereaved parents conducted by a psychologist after her own son died; focuses on the impact of grief to one's self and family over the years.

Bolton, Iris. My Son, My Son: A Guide to Healing After Death, Loss or Suicide The author's personal story of her son's suicide, a story of devastating tragedy and an exquisite triumph.

# Conrad, Bonnie Hunt. When a Child Has Been Murdered: Ways You Can Help the Grieving Parents

Written for parents and those who want to understand the common issues that are faced.

Ferguson, Dorothy. <u>When Winter Follows Spring: Surviving the Death of an Adult Child</u> This gentle book includes helping yourself when it hurts, the grief journey, the layers of loss, other family members, the wounded spirt and kissing your own wounds.

Gray, Kathleen and Lassance, Ann. <u>Grieving Reproductive Loss: The Healing Process</u> Written in plain language, this book offers a holistic approach for constructive healthy grieving and healing of body, mind and spirit for this often minimized loss.

# Kohn, Ingrid and Moffitt, Perry-Lynn. <u>A Silent Sorrow, Pregnancy Loss: Guidance and Support</u> <u>for You and Your Family</u>

Drawing upon professional and personal experience this book addresses a number of topics and offers comfort, effective coping strategies and medical information.

#### Mitchell, Ellen. Beyond Tears

Nine mothers candidly share what to expect in the first year and beyond after the death of their young adult children.

#### Reed, Mary Lou. Grandparents Cry Twice

An overview of the author's personal journey, other grandparents' experiences and grief literature.

## Roe, Gary. Shattered: Surviving the Loss of a Child

Practical book by a hospice chaplain from 3 decades of work with bereaved parents on the emotional, mental, physical, relational and spiritual impact of grief.

### Rosenblatt, Paul. Help Your Marriage Survive the Death of a Child

Based on interviews with 29 bereaved parents, the book offers perspective on common marital issues following the death of a child.

## Sittser, Jerry. A Grace Disguised

In an instant the author lost his mother, wife and young daughter in a tragic accident. This faith based book offers a compassionate, deeply affirming message of hope and joy even in the midst of darkness.

Stillwell, Elaine. The Death of a Chld-Reflections for Grieving Parents Faith based inspiration.

# Strommen, Merton P. Five Cries of Grief: One Family's Journey to Healing After the Tragic Death of a Son

Describes the cry of pain, longing, for supportive love, understanding and significance.

## Wezeman, Phyllis Vos. Finding Your Way After Your Child Dies

Suggestions on navigating a variety of occasions and events. Religious themes.

Many of these books can be borrowed from a Pathways Center for Grief & Loss lending library either at our Mount Joy or York locations.

