

# Choices Healthcare

## Palliative Wound Care: Challenges & Solutions

September 9, 2025, 9:00 am - 4:00 pm

Location: Hospice & Community Care  
685 Good Drive, Lancaster, PA 17604

5.75 Nursing Contact Hours Available

### Agenda

8:30-9:00	Registration / Continental Breakfast
9:00-9:15	Welcome & Introduction, Housekeeping
9:15-10:00	Skin, Physiology & Pathophysiology
10:00-10:30	Phases of Wound Healing Moist Wound Healing vs. Scabbing
10:30-10:45	Principles of Wound Bed Preparation
10:45-11:00	Factors that Complicate Wound Healing
11:00-11:15	Break
11:15-11:45	Comprehensive Wound Assessment To Debride or Not
11:45-12:30	Etiologies & Management of Wounds Pressure Ulcers vs. Incontinence Associated Dermatitis Documentation Tips
12:30-1:00	Lunch Break
1:00-1:30	Dress for Success: Making Sense of the Endless Dressing Options & Palliative Care
1:30-2:00	The Skin Show: Identifying Dermatological Disorders
2:00-2:30	Managing Complex Fistulas
2:30-2:45	Break
2:45-3:45	Palliative Wound Care Challenges & Solutions to the Most Difficult Wounds to Manage
3:45-4:00	Questions and Answers

### Learning Objectives

1. Describe skin structure and function in relation to the physiology of wound healing.
2. Contrast intrinsic and extrinsic factors that may compromise wound healing.
3. Explain essential components to complete wound assessment and documentation.
4. Differentiate between arterial, venous, neuropathic, pressure ulcers, incontinent associated dermatitis and end of life wounds.
5. Correlate the appropriate wound dressing/product to a variety of wounds.
6. Explain prevention strategies to avoid pressure ulcerations.
7. Identify common and atypical dermatologic disorders and treatment strategies.
8. Present palliative treatment intervention and pain management plans for various wound types.
9. Identify strategies for management of complex fistulas.
10. Identify documentation strategies for unavoidable wounds.
11. Account for the emotional and psychological effects of end-of-life wounds for patients and families.
12. Discuss the impact of compassion fatigue and burnout for health care workers caring for patients with extensive non healing wounds.

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Deadline for registration is Tuesday, September 2, 2025

Name		
Position/Title		Employed by
Work Phone		E-mail address
Home Address		City, State Zip
Home Phone		

☐ Check enclosed for \$125 (\$115 each if two or more attendees register together.

**Make check payable to:**  
Choices Healthcare

Please charge my: ☐ Discover  
☐ MasterCard ☐ VISA ☐ AMEX

Card Number	
Expiration Date	3-digit Sec. Code

Mail registration form and payment to Gail Smith at  
**Choices Healthcare, 685 Good Drive, P.O. Box 4125, Lancaster, PA 17604-4125**  
Contact Gail Smith at 717.391.2432 or [gsmith@hospicecommunity.org](mailto:gsmith@hospicecommunity.org) with questions.

## About the Speakers -

**Marygrace K. Lomboy, MSN, CRNP, CWCN, ACHPN** is a Certified Family Nurse Practitioner with Palliative Medicine Consultants and Hospice and Community Care, Lancaster, Pennsylvania. She holds certifications in Family Practice, Advanced Certification in Hospice and Palliative Care, and also a certification for wound care through the Wound, Ostomy and Continence Certification Board®. She has completed a teacher training program in Mindfulness Based Stress Reduction at University of California San Diego and is also a certified yoga instructor.

Marygrace has over 39 years of experience in nursing, and has gained extensive experience caring for patients with end stage disease through working with hospice and palliative care for the past 19 years. She is a speaker for PESI HealthCare and Med Ed continuing education, providing seminars throughout the country in palliative care, wound management, compassion fatigue, resiliency training. She is an educator with Lancaster General Holistic Therapy, Lancaster General Hospital, providing multiple week seminars in mindfulness based stress reduction and yoga for cancer patients. She developed the Mindfulness Based Cancer Recovery program, which is offered through the Barshinger Cancer center. She also has a consulting business, specializing in anxiety reduction for private clients and has also done numerous workshops for the community.

She has also provided emergency relief services related to wound care post-catastrophic events. She has a great passion for providing dignity and comfort to those suffering, especially at the end of life. She has created a website, [marygracemindfulness.com](http://marygracemindfulness.com) which provides support and education in anxiety reduction and mindfulness and also serves as an educational resource and comfort for both patients and caregivers confronting end of life issues.

**Elissa Dougherty, RN, CHPN, WCC** has been with Hospice & Community Care for nearly 13 years. She has served as a home hospice nurse, team leader, director, and is now a wound care specialist. She also loves sharing her knowledge of hospice & palliative care with our visiting nursing and medical students.

## Nursing Continuing Education - 5.75 Nursing Contact Hours will be awarded

To be awarded 5.75 Nursing Contact Hours for this activity, you must attend the activity in its entirety on September 9, 2025. All participants must complete an evaluation form that will be available shortly after the program has ended. No contact hours will be awarded for partial attendance or failure to complete and return evaluation September 9, 2025.

## Disclosure Statement

Speaker: Marygrace K. Lomboy, MSN, CRNP, CWCN, ACHPN has no relevant financial relationship(s) within the past 24 months with any ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients to disclose.

Planners and other Administrative Support: Stephanie Carzola, BSN, RN, CHPN, Gail Smith, BA, and Ashley Bankert, BSN, RN, CHPN have no relevant financial relationship(s) within the past 24 months with any ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients to disclose. This activity is not commercially supported or jointly provided.

Choices Healthcare is approved as a provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Purpose/Audience

The purpose of this conference is to enable the learner to identify risks for altered skin integrity, accurately assess wounds, and recommend appropriate palliative treatment interventions for complex wounds in patients at end of life. Palliative Wound Care: Challenges & Solutions is a community-wide educational program for registered nurses and licensed practical nurses who provide care for patients with chronic, non-healing and difficult to manage wounds.

## Registration

To register, please complete the registration form and mail, call Gail Smith at (717) 391-2432, or send an email to [gsmith@hospicecommunity.org](mailto:gsmith@hospicecommunity.org). Cost is \$125 (\$115 each if two or more attendees register together). Cancellation Policy: To receive a tuition refund less a \$30 cancellation fee you must contact Gail Smith no later than one week prior to the conference date. No refunds will be made for cancellations received less than three working days prior to the date of this program.