

Volunteer

VOICE

FOR AND ABOUT HOSPICE VOLUNTEERS

HOSPICE
& COMMUNITY CARE

Inside—

York Office
Relocation

Celebrate
Life 5k

Comfort Touch
for Hands
Workshop

Women's
Giving Circle
Valentine Tea

Volunteer
Stories

Service of
Remembrance

Upcoming
Events

New Volunteers

Save the Date

Meaningful Difference

Every year we recognize your work as volunteers at the Volunteer Recognition Dinner in April. This is a wonderful way to show our gratitude as an organization, but I'd like to further explain the important difference you are making to the patients, families and Hospice & Community Care. Your time spent sitting with patients in their homes, in our Inpatient Center, delivering mail, watering plants, visiting Veteran patients and so much more has a significant impact. Last year your service would have cost Hospice \$600,000; this is money we are able to put toward our patients and families.



Without your dedication we would be faced with the difficult decision of cutting services or staff, but all of you allow us to meet our mission of providing the best end-of-life care to the community. You've contributed over 30,000 hours last year alone. I consider Hospice & Community Care the luckiest organization in the area because we have the most

giving and dedicated volunteers of any nonprofit organization. You leave an impression not just on the patients and families but the staff you work alongside.

"You've contributed over 30,000 hours last year alone."

I am greeted by a foyer volunteer at Good Drive each day I enter the office, hear uplifting stories from families talking about the volunteer who spent time with their loved one, read thank you letters from donors who give to Hospice because of the kind volunteers at the Inpatient Center and receive emails from team leaders letting me know of the exceptional volunteers assigned to their patients.

You make a meaningful difference, and we are so thankful.

Steve Knaub

Steve Knaub
President & CEO

York Office Relocation

We opened our office at 224 St. Charles Way, York in 2012, giving many of you a place to go for team meetings, to make phone calls, help office staff and as the general base for our York Home Hospice teams. We've been busting at the seams for quite a while and were on the lookout for a new space that would accommodate the growing number of staff as well as our Pathways groups. Thanks to a generous gift from Ann Barshinger we are officially relocating to 235 St. Charles Way! Across the street, but double in size from the original office this space will be named The Ann B. Barshinger Hospice Center and will allow Home Hospice teams serving York patients to expand, and grief and bereavement services to take place here. The anticipated open date is February 2018, so be on the lookout for more announcements.

"...thanks to a generous gift from Ann Barshinger we are officially relocating to 235 St. Charles Way!"

Did you know...

More than 3 million Pennsylvania residents are volunteers. Do you know someone who can join this number? Hospice & Community Care volunteer materials, including issues of this Volunteer Voice and applications are available at any time to give to friends and family. Simply contact the Volunteer Department.



Celebrate Life 5k

Saturday, April 21, 2018

Millersville University Biemesderfer Stadium

9:00 a.m. Registration

10:00 a.m. Memorial Lap

Run, walk, and remember. Celebrate the life of someone you love by participating in honor or in memory of someone special to you. This celebration begins with a memorial lap to commemorate your loved one, and is followed by the race.



This 5k is open to everyone of any ability. Feel free to run or walk all or part of the course, or participate in the memorial lap only. Course and stadium are accessible for people with disabilities.

Register by April 10, 2018

\$25 registration

www.hospiceconnect.org/events

Contact Natalie Scolnick for more information

nscolnick@hospicecommunity.org or (717) 735-2497.



Comfort Touch for Hands Training

Be part of the Comfort Touch for Hands Training! Started in April, 2016 by Hospice staff member Ellen Liberto this training has been utilized by countless volunteers and staff. Volunteers have been utilizing this great form of therapeutic touch to enhance the comfort of our patients at home, in nursing homes or retirement communities and the Inpatient Center. Another training is planned for April, 2018 which will include the important aspects of touch, the principles and

techniques of a Comfort Touch for Hands and practice time with Ellen. Participants will spend time giving and receiving a Comfort Touch for Hands session, allowing them time to develop their confidence and skills at providing a Comfort Touch session. If you are interested in joining the session in April contact Becky Santos, rsantos@hospicecommunity.org (717) 735-9463.

Women's Giving Circle Valentine Tea

You're invited to the annual Valentine Tea hosted by Hospice & Community Care's Women's Giving Circle. Join current members and staff at the Lancaster Country Club to learn about the Women's Giving Circle and how the group has been making a difference by funding projects since 2004. Many of these projects have been directly related to the volunteer department and may have been utilized by you: the Women's Giving Circle funded the Vet-to-Vet program; purchase of adult memory books; creation of comfort kits and support of translation services. Mark your calendar:

**Thursday
February 8, 2018**

**4:00–5:30 p.m.
Lancaster Country Club**

**RSVP to Pat Cochrane
pcochrane@hospicecommunity.org
or (717) 391-2456**



Volunteer Stories



All of our volunteers have incredible stories about how they became involved with Hospice & Community Care, time spent with an individual patient, or a special time with a family member. These stories inspire us to continue our journey with Hospice and motivate others to volunteer.

This is a story from Hospice & Community Care volunteer Mary Yohe.

Mary started volunteering in 2006, and after completing her training, began visiting residents at Brethren Village Retirement Community. She's been a nursing home volunteer ever since, and has stayed at Brethren Village, creating relationships with the staff and countless Hospice patients and families throughout the years. Mary notes that every visit is different, and each patient is unique with some patients being responsive and some needing that special topic to get them to break out of their shells. One particular man at Brethren Village sticks in her mind...

"I went to visit this man as I had every other patient. He was non-responsive, but he could tell I was there. He just knew of my presence and watched me from under the bill of the baseball hat he always wore. Some days I would take him for a stroll in his wheelchair or just sit and try to get him to open up to me, and one visit it happened. He recited a poem about a clock and the importance of time. I asked him to recite it to me over and over again many times during my next several visits, writing it down so I could remember it. I eventually had it memorized, and when I wanted to engage him all I had to say was, 'Tell me about your clock.' He would launch into the poem and we would take turns reciting the verses." Mary still remembers the poem, even though the patient is gone. It is a lovely memory and showcases the way each person can relate to another.

We'd love to hear your story! If you have a story you'd like to share please contact Ashley Peck at apecck@hospicecommunity.org.

Service of Remembrance

Sunday, March 11, 2:00 p.m.

**Highland Presbyterian Church
500 E. Roseville Road, Lancaster**

~and~

Sunday, March 18, 2:00 p.m.

**Luther Memorial Church
1907 Hollywood Drive, York**



Hospice & Community Care invites you, your family and friends to attend a special Service of Remembrance in honor of loved ones who died in 2017. No registration needed.

Upcoming Events

To RSVP and for more information please contact **Becky Santos at rsantos@hospicecommunity.org**. Events happening in Lancaster will be held at Hospice & Community Care, 685 Good Drive and events in York will be held at 235 St. Charles Way.

If you know someone who would like to become a Hospice & Community Care volunteer we encourage you to direct them to the online application at www.hospicecommunity.org/volunteer and invite them to the upcoming training.

Volunteer Training

Held in York and live-cast in Lancaster

April 5, 6:00–9:00 p.m.

April 7, 8:00 a.m.–4:00 p.m.

April 12, 6:00–9:00 p.m.

Application deadline: March 22

Review and Renew

Lancaster–March 5, 6:00 p.m.

Lancaster–March 6, 1:00 p.m.

York–March 8, 11:00 a.m.

Pathways Center for Grief & Loss Programs

If you have any questions or want to sign up please call the Pathways Center for Grief & Loss at **(717) 391-2413** or visit pathwaysthroughgrief.org.

Journaling–A Tool for Healing

February 21, 6:30 – 8:00 p.m.

Pathways Center for Grief & Loss

4075 Old Harrisburg Pike, Mount Joy

Journaling can provide the ‘listening ear’ you may be missing, as it won’t talk back or give advice, it allows you to have the floor as long as you need it. It honors the person who died.

Attending this workshop provides you with journaling tips and opportunities to consider how journaling might be helpful to you with your grief journey. Space is limited; registration is required. If interested in this free workshop, call **(717) 391-2413** or (800) 924-7610 by February 19.



Workshop–Pottery Play

April 10, 6:00 – 8:00 p.m.

Kevin Lehman Studio / Lancaster Creative Factory, 560 S. Prince Street, Lancaster

Would you like to create a token of remembrance to commemorate a special person who has died? This workshop for adults provides an opportunity for you to make a memory tile under the guidance of local potter Philip Kreider. Come ready to roll up your sleeves and enjoy an evening of creativity. A \$25 fee covers all materials and is due at time of registration. Space is limited and registration is required. If interested, call (717) 391-2413 or (800) 924-7610 by April 3. No refunds after April 3.



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Welcome New Volunteers

These individuals have completed their volunteer training and joined the Hospice & Community Care volunteer family to make a difference in York and Lancaster counties.

Michael Angelo
Julia Arnold
Sandra Bloom
Kerrie Cook

Deena Decker
Erin Hanna
Cammy Kissinger
Dawn Krady

Lauren Krak
Carol Pennington
Tina Randler
Peggy Rasmussen

Save the Date-April 17, 2018

Volunteer Recognition Dinner

Tuesday, April 17 is the annual Volunteer Recognition Dinner at the Eden Resort in Lancaster!

Look for your invitation in the mail to celebrate the dedicated service of our team of volunteers at Hospice & Community Care. We look forward to this time of fun and fellowship with you.

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