New Location in York
Meeting the End-of-Life Needs of All Cultures
Fidget Quilts
Remembering Loved Ones

Ann B. Barshinger
Moving to a New Location in York

The Ann B. Barshinger Hospice Center

We made the move to York in 2012, providing end-of-life care and support to patients and families throughout York and Adams Counties with an affiliation with WellSpan Health. The initial office, located at 224 St. Charles Way hosted the Aqua Home Hospice team with weekly team meetings, volunteer phone calls, and all the important behind-the-scenes work taking place here. The average number of patients being taken care of out of this office in 2012 was 30. Today the staff, now two teams, Aqua and Coral, care for as many as 100 patients daily. To support the increasing number of patients and families, the staff at the York office has grown from 21 employees in 2012 to 45 employees today. Needless to say, the original office was busting at the seams for quite a while so the search was on for a new, larger office that would accommodate the growing staff and be large enough to hold support groups and counseling provided by the Pathways Center for Grief & Loss. It was found...across the street at 235 St. Charles Way!

The new space, named the Ann B. Barshinger Hospice Center, was made possible through a generous gift from local philanthropist, Ann B. Barshinger. Ann's interest in Hospice & Community Care stems from inadequate care being available for her husband at the end of his life years ago. "Hospice & Community Care does wonderful work, and I wanted to be a part of helping them bring their services across the river," Ann said. "The office in 2012 was York's first introduction to Hospice & Community Care, and I wanted to be part of them expanding again." Ann feels that her work with Hospice & Community Care is important and makes her feel good. "I see all the wonderful people working for Hospice and the advanced care they provide, so giving is just something that is right." It is important to Ann that Hospice is caring for people in both York and Lancaster. "I hear what is needed, like the expanded York office, and am happy to be able to help."

"Ann Barshinger has so generously supported Hospice & Community Care to develop a program in York County with major initiatives including building both the Hospice program and the Palliative Care program in conjunction with WellSpan York Hospital. Ann recognizes the importance of patients and families having the best care available at one of the most difficult times of life," said Bonnie Jess Lopane, Vice President, Development & Community Relations. A native of York County, Ann Barshinger has made her mark on charitable organizations in both Lancaster and York counties. "Naming this new, expanded space in Ann's honor is a reflection of her commitment to the organization's growth in York County," said Steve Knaub, President & CEO.

The support groups offered by the Pathways Center for Grief & Loss have been held at various locations in York including Wellspan facilities and a local church. With the new office all bereavement groups, individual counseling sessions, and workshops will eventually be held in one central location. "We are excited to be able to offer space that's dedicated to meeting the specific needs of bereaved families in the York area, in an environment that is private, convenient, welcoming and confidential. There will be space for individual counseling sessions, support groups as well as a lending library."

"Hospice & Community Care does wonderful work, and I wanted to be a part of making the move to York happen."

Ann B. Barshinger

“Naming this new, expanded space in Ann’s honor is a reflection of her commitment to the organization’s growth in York County.”

Steve Knaub
explains Dr. Patti Anewalt, Director of the Pathways Center. Having an identifiable location for individuals to come, much like the Pathways Center in Mount Joy, is important because it brings familiarity and stability to those receiving support. The number of support groups and attendees in York has grown since 2012. Only one support group was offered in 2012, increasing to 37 groups in 2014 and more than 55 in 2017 including specific losses, specialized workshops and weekly series. “Ann’s support enables us to provide all of this to the community, now in one building. We are so grateful,” Dr. Anewalt says.

Reaching more patients and providing the best end-of-life care is our mission, and that is evident through the increased number of patients the Home Hospice teams care for daily. That growth, in patients, staff, volunteers and office support translates into more office space. Paige Payne, Director of the Home Hospice program in York, was instrumental in facilitating the move to York in 2012 and has watched each part of the program expand since then. “We are happy to have grown over the past five years and look forward to continuing that growth. The community is recognizing Hospice & Community Care as an exceptional end-of-life care and grief support organization, and it is exciting to see that we are going to be better able to serve our patients and families in York and Adams Counties. Offering bereavement services in our new office will expand community knowledge of our programs and services,” she says. “We are so very grateful to Ann Barshinger for her confidence in us when we first opened our doors in York, and again with this move.”

The Ann B. Barshinger Hospice Center, 235 St. Charles Way, York is now officially the new home for Hospice & Community Care in York County. The Pathways Center for Grief & Loss will begin conducting support groups at the location in a few months. “This move will enable us to continue growing and providing quality end-of-life care and bereavement support to the entire community,” Steve Knaub said. “It may be just across the street, but with the increased space and support from Ann Barshinger it is a place to carry on our mission to York County.”
These are the typical questions Joanne Berkowitz, a Hospice & Community Care RN would get from colleagues who were visiting a Jewish patient for the first time. After years of these calls, which became more frequent, she approached two Jewish coworkers about starting a Jewish education team. Joanne, former Hospice Chaplain Sandy Morris, and Social Worker Linda Gross established the Jewish Resource Team and have been providing answers to staff questions about Jewish faith and traditions for the past ten years.

“Each of us attended the conferences at the National Institute for Jewish Hospice and then provided continuing education to other nurses at the state level,” Joanne explains. “We continue to use the tools we learned to keep the Hospice staff educated.”

Education is only one part of what the Jewish Resource Team does. The Resource Team provides insight to the staff, allowing them to be more sensitive to the cultural, spiritual and traditional needs of Jewish patients and families at the end of life. Joint visits with a Team member are available, the Team ensures that the Inpatient Center is equipped with Sabbath candles and a Menorah and maintains a list of Jewish volunteers for patients who request them. “We’ve given in-services to the staff, including all shifts in the Inpatient Center so that they are prepared for special requests such as a kosher meal, Sabbath candles or coordinating a visit from a local Rabbi as a courtesy,” Joanne says. “The Team benefits the entire staff, clinical and non-clinical, because we’ve increased awareness of the diversity of our community and the Jewish faith and traditions.” Joanne visited every synagogue in Lancaster County and met with each Rabbi to introduce herself and the Hospice & Community Care chaplain to present the Jewish Resource

Joanne Berkowitz
“The experience and lasting connections with people is one you don’t often find with other jobs.”  
Joanne Berkowitz

Team. Since Hospice & Community Care began providing services in York County, she met with the synagogues and Jewish Community Center there to do the same. Meeting every three months, they review Jewish patients and look at new ways to educate staff, develop partnerships with leaders in the Jewish community and be respectful of the traditions of our Jewish patients. Joanne says, “We focus on the differences, but we also focus on what we have in common. Maybe all we have in common with a patient is the fact that we’re Jewish but that is enough to make them feel more comfortable. Hospice & Community Care’s Jewish, Latino and Diversity Resource Teams keep us all informed and aware of the differences and similarities of our patients.”

Joanne has a long history with Hospice & Community Care, starting 30 years ago as a nurse when it was Hospice of Lancaster County. “I was working 12-hour shifts in the cardiac unit at University of Pennsylvania Hospital living in downtown Philadelphia, and then I married my husband and moved to Lancaster County with fields and Amish,” she says laughing. “A city girl who found herself working for a local agency making house calls.” It was during one of these visits that she experienced her first Hospice of Lancaster County patient. “This patient was very special to me, and I made a lasting connection with the patient and family, as well as with the Hospice nurse. I was soon invited to join the Hospice team,” Joanne says. And she did, starting her lifelong career as a Hospice nurse. From staff nurse she moved to team leader, then into admissions and took a four-month clinical hiatus to be involved in the building of the Inpatient Unit on Good Drive. “I’ve done a bit of everything,” she says, “but I like working with the patients the most.” Joanne can reflect on her 30 years with Hospice & Community Care and note a few significant breakthroughs that she was able to witness firsthand: when Medicare first recognized hospice as a benefit, when the office moved from Janet Avenue to Airport Road to Good Drive and when the Inpatient Center was built as the first freestanding inpatient hospice facility in PA. Every time 30 years is mentioned she laughs, “That’s such a long time!” But Joanne is serious about her nursing career and the time she’s devoted to Hospice & Community Care. “It’s the staff I’m surrounded by. We’re working to make the lives of our patients better during a difficult time. We see and share a lot of sadness but we support each other. The experience and lasting connections with people is one you don’t often find with other jobs.” She is humble about her job as so many Hospice nurses are, “Their gift to me is so much more than what I give them. Before I leave each patient I am sure to tell them that I feel so lucky that it was me today. And I mean it.” She’s felt lucky for 30 years, and Hospice & Community Care, the Jewish Resource Team and countless patients and families feel the same.

To view a current list of nursing positions or apply online visit: hospicecommunity.org/careers

Save the Date

Pathways Center for Grief & Loss: Responding to Complex Needs in Changing Times

Tuesday, April 10, 2018 12:00 – 1:30 p.m.
Carroll Community Room
Hospice & Community Care
685 Good Drive, Lancaster

Contact Pat Cochrane: pcochrane@hospicecommunity.org or call 717-391-2456 for more information.

Women’s Giving Circle
SPRING EDUCATION LUNCHEON

Hospice & Community Care's
Pat Wise and Kathy Hoffman admired their mother Mary, who worked tirelessly to put them and their four siblings through Catholic school and provide a happy home for them in Columbia. They looked up to her, so when she passed away in 2003 from complications of diabetes and dementia the loss was extremely difficult. In the years since her death, Pat and Kathy have found a way to remember her mom and provide comfort and relief to others suffering from dementia. They have turned their personal experience with loss into a mission to help others with dementia: handmade Fidget Quilts.

The idea for Fidget Quilts came after a few runs at the sewing machine and looking online. “Mom loved neck pillows, and we made her one,” Kathy says. “At that time she was in a nursing home and her friends were eyeing up the pillow we made. We ended up making neck pillows for every one of the residents!” Mary came home for the last six months of her life and Kathy stayed with her, making sure she was able to be at home with the help of Pat and her siblings. “After mom died, we had this experience of taking care of someone with dementia and searched online for projects to help others,” Pat says. The sisters stumbled across Fidget Quilts for sale, at $50 each or more. These quilts with zippers, pockets, soft tags and other tactile pieces were exactly what would keep their mom occupied for hours! “They were so expensive, and so useful for caregivers and nurses caring for people with dementia,” Pat said. “We were, and still are, far from seamstresses but we knew we could make Fidget Quilts.” So, the two started collecting items for their first few quilts. The first Fidget Quilt was made September 1, 2016. They gave a few to local nursing homes and received feedback, which Pat notes was incorporated into the next round of quilts. “We learned that the quilts need to be no larger than lap size so people can play with them while they’re sitting. Also, mini Beanie Babies were a hit (with the beans removed).” Pat and Kathy laugh when remembering their first quilts and how they’ve evolved: Velcro and ribbons are a must, anything that can be taken apart is a no. They admit that it’s been a learning process, but worth it. They now sew tags on each quilt that say ‘Mary’s Quilt Made with Love’ dedicated to their mom.

Hospice & Community Care has been the recipient of these wonderful quilts, with 52 currently in use. The Inpatient Center has quilts in each of the three wings, every Home Hospice team has access to quilts and Volunteer Services has several available when volunteers are going to visit a patient with dementia. Pat and Kathy both have a history with Hospice & Community Care so their desire to bring the quilts here was natural. Pat was the secretary at the Inpatient Center both at Good Drive and when the Mount Joy facility opened, and Kathy has been a volunteer since 2003. Since connecting with Erica Helmic in Volunteer Services, the quilts have been given to Visiting Angels and the Alzheimer’s Association in addition to Hospice and local memory units in senior living facilities. They’ve made a total of 166 quilts, and are still going strong, with all of the quilts donated by Pat and Kathy.

“We transform my bedroom into a sewing room for a few hours,” Pat says. “When we’re finished for the day we pack it up until the next time.” All of the quilts are personalized and can have a theme to fit an individual, such as a Navy or Army theme for a Veteran. This is a personal endeavor in memory of their mother, with wonderful benefits to patients with dementia. Hospice & Community Care patients and families have seen the benefits of their quilts, calming loved ones when agitated; keeping them busy while a caregiver is cleaning; or sparking conversation by the items sewn onto the quilt.

Pat and Kathy just want to share these quilts, and how helpful they can be for those suffering from dementia and their caregivers.
Remembering Loved Ones

Service of Remembrance
In memory of loved ones who died in 2017

Sunday, March 11, 2018, 2:00 p.m.
Highland Presbyterian Church
500 E. Roseville Road, Lancaster

Sunday, March 18, 2018, 2:00 p.m.
Luther Memorial Church
1907 Hollywood Drive, York

All are welcome to attend the annual Service of Remembrance in memory of loved ones who died in 2017. Hospice & Community Care chaplains will provide a meaningful message and words of comfort. Child care is available at the Lancaster service. For more information, please contact the Pathways Center for Grief & Loss at (717) 391-2413.

Remembering our Mothers

Saturday, May 12, 2018
9:30 a.m. – 12:00 p.m.
Enck’s Banquet and Conference Center
1461 Lancaster Road, Manheim

This annual Mother’s Day Breakfast provides women whose mothers have died the opportunity to remember, honor and celebrate their mothers’ lives. Join us to hear Carol Cool, local speaker and author, whose keynote presentation will be “Antiques and Heirlooms: Living Our Legacy.” Registration and payment of $18 must be received by May 8. Register online at hospiceconnect.org/events or call (717) 391-2413. Space is limited.

Path of Remembrance
Leave a memory.

Sunday, May 20, 2018, 2:00 p.m.
Bob Fryer & Family Inpatient Center
4075 Old Harrisburg Pike, Mount Joy

The winding path around the Bob Fryer & Family Inpatient Center is paved with the names of loved ones who hold a special place in our hearts. Their place on this tranquil path is marked with a brick, engraved with their name and often visited by family and friends. The names of these loved ones will forever be part of the Path of Remembrance, and provide an area of solace and a place of peace. You are invited to include your loved one’s name on the path and join us at the Path of Remembrance Dedication. To purchase a brick visit hospiceconnect.org/path or call (717) 295-3900. Orders must be received by March 31.
Celebrate Life 5K

Saturday, April 21, 2018
Millersville University
Biemsderfer Stadium
9:00 a.m.
Register at hospiceconnect.org/events

Celebrate the life of someone you love. This 5k is open to anyone of any ability. Feel free to run or walk all or part of the course, or participate in the memorial lap only. Course and stadium are accessible to people with disabilities.

Contact Natalie Scolnick for more information nscolnick@hospicecommunity.org or (717) 735-2497.

Welcome New Board Members

Stephanie Carfley is a member of McNees Wallace & Nurick LLC. Practicing law since 1996, she specializes in commercial and business litigation; oil and gas litigation; and employment litigation.

Geoffrey W. Eddowes serves as Senior Vice President for Lancaster General Health/Penn Medicine. Before joining Lancaster General Health in 2006, Geoff served as President and CEO for Luthercare.

Honorable Leslie Gorbey was elected to the Court of Common Pleas of Lancaster County in 1997 and served as a trial judge from 1998 until her retirement in 2017. Leslie started CASA (Court Appointed Special Advocates) in 2007 while on the bench.

Dennis W. Griest was named president and CEO of Willow Valley Living (the management company for Willow Valley Communities) in 2017. He joined Willow Valley in 1990 as controller, overseeing the financial operations and risk management for both Willow Valley Communities and Willow Valley Living.

Michael Ripchinski, MD serves as the physician executive for quality, performance improvement, patient safety, clinical adoption/engagement, analytics, and health information management at Lancaster General Health/Penn Medicine. Dr. Ripchinski maintains a continuity practice at Walter L. Aument Family Health Center in Quarryville, PA.
I am pleased to announce the opening of the Ann B. Barshinger Hospice Center in York. This expanded space at 235 St. Charles Way will enable us to care for a growing number of patients and families in York and Adams counties, as well as provide enhanced bereavement support. It is through the generosity of local philanthropist, Ann Barshinger that we are able to grow and we are grateful to Ann for her continued generosity and support.

Last year, we successfully completed the second year of our Supportive Care program, the Medicare Care Choices Model. This enabled us to care for the more than 250 patients and families who have been diagnosed with a serious illness and are continuing to receive curative care. Hospice & Community Care was selected in 2016 as one of four hospice providers in Pennsylvania and 70 hospices nationwide to participate in the Medicare Care Choices Model.

The Labor Day Auction raised an astounding $740,000 in 2017. Thank you to everyone who supported Hospice during the Extraordinary Give, as well as to everyone who contributed to our organization throughout the year. Each gift enables us to provide the best end-of-life care for people in our community who are coping with serious illness.

So many people are impacted by Hospice & Community Care, Palliative Medicine Consultants and the Pathways Center for Grief & Loss and we are proud to have such dedicated staff and volunteers who carry out our mission each day. The Pathways Center for Grief & Loss presented a Community Forum in 2017 to discuss the impact of substance abuse on those left behind. The Pathways Center offers counseling and support to many who have experienced the death of a loved one by overdose, and will continue to do so in 2018. These services would not be possible without the wonderful support of the community.

I am very excited for what this year has to bring, our 38th year as the leading provider of hospice care and bereavement support in the area. It is only through our dedicated staff, community support, and our committed volunteers that we are able to continually grow and live our mission. Happy New Year!

Steve Knaub, President & CEO

Special Thanks

Hospice & Community Care is grateful for the individuals, organizations and businesses that conducted or sponsored special events to benefit our patients and families. These gifts were received by date of publication.

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October 1, 2017–December 31, 2017

We have carefully reviewed this list for accuracy and hope that you will notify us of any omissions or errors. This list includes memorial gifts made during this period and gifts made to our Annual Appeal, however it does not include the many generous gifts to the Path of Remembrance or Light Up A Life. These contributions will be published in each event’s program. If you would like a copy, please call the Development Office at (717) 295-3900.

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Income from this fund provides support for patients and their families who are coping with dementia and its many challenges. This includes education and training for staff and volunteers, care and services for patients and families, and community professional education.

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THE CHARLES L. DEADORDOFF, MD MEDICAL EDUCATION ENDOWMENT FUND
Income from this fund improves and enhances end-of-life care throughout the community by continuing and implementing educational initiatives for physicians, nurse practitioners, nurses and other health care professionals about the importance of and methodology of best practice palliative medicine.

In Memory of Charles L. Deardoff, MD
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Income from this fund provides care for patients and families of the Amish community who may not have insurance coverage or are unable to pay for services

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Income from this fund supports the ongoing beautification of Hospice & Community Care Centers and the Pathways Center for Grief & Loss. The fund will provide regular fresh flowers and maintain plants throughout the interior of the home-like atmosphere for patients and families.

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THE JOHN A. NEVILLE CULTURAL AWARENESS ENDOWMENT FUND
Income from this fund supports needs related to cultural diversity awareness for Hospice & Community Care. Income may be used to provide staff and community education, financially support culturally-diverse patients and families with special needs, or provide translation for non-English-speaking patients and families. Gifts of any amount may be added to this fund at any time.

Amy Antonucci
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areas to enhance excellence in hospice and palliative care. This scholarship opportunity, created in 2016, is offered in the name of Dr. Cedric E. Grosnick by his wife, Andee Grosnick. Gifts in any amount may be added to this fund at any time.

**IN MEMORY OF CEDRIC E. GROSNICK**
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**CLINICAL PATIENT SPECIAL NEEDS FUND**
Income from this fund provides for care and comfort to help patients and families live better at end-of-life. Special needs include those which are outside of the guidelines of Medicare reimbursements and which may include unique care needs for pediatric patients, individuals with sensory impairments, non-English speaking patients and patients with financial need. A gift in any amount may be added to this restricted fund at any time.

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We apologize for these names that were incorrect or omitted in the Fall 2017 issue of Hospice Horizons.

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Hospice & Community Care is licensed by the Commonwealth of Pennsylvania as a hospice provider and is federally certified as a provider of the Hospice Medicare Benefit. Hospice & Community Care is accredited by the Joint Commission and is a member of the Pennsylvania Hospice Network and a member of the National Hospice and Palliative Care Organization. A copy of the official registration and financial information of Hospice & Community Care may be obtained from the PA Department of State by calling toll free, within Pennsylvania, 1-866-735-0999. Registration does not imply endorsement.

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Sponsored by—

Join us for a Derby Themed evening, where hats and bowties are welcome. To benefit the Pathways Center for Grief & Loss, children's grief programs.

5:30 pm
Lancaster Country Club

For more information contact Natalie Scolnick, 717-735-2497 or nscolnick@hospicecommunity.org.

Please remember Hospice & Community Care in your will.